

From Campus to Community: The Ramadan Spirit of Yannas Husada Pharmacy Academy Students in A Sharing Action

Teguh Setiawan Wibowo¹, Ayu Putri Adi Febrianti², Azzahroh Arum³, Ach. Rofiki⁴

¹ STIE Mahardhika, ^{2,3,4} Akademi Farmasi Yannas Husada Bangkalan

*Corresponding author

E-mail: teguh10setiawan@gmail.com*

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Abstract: *The holy month of Ramadan is a special moment for Muslims to enhance social awareness and share with others. Students of the Yannas Husada Pharmacy Academy in Bangkalan contribute to the spirit of giving through a free takjil distribution program for the community. This activity aims to strengthen the relationship between students and society while instilling social values and a sense of care within the academic environment. The implementation method involves active student participation in fundraising, takjil preparation, and distribution to those in need, such as informal workers, road users, and local residents near the campus. In addition to distributing takjil, this initiative is integrated with health education on maintaining a healthy diet during fasting, in alignment with the students' pharmaceutical knowledge. The results of this activity show high enthusiasm from both students and beneficiaries. The takjil distribution is not merely a social act but also serves as a learning medium for students to apply humanitarian values and professionalism in the healthcare field. This program is expected to raise collective awareness of the importance of sharing and strengthen the role of academics in community service.*

Keywords:

Ramadan, Community Service, Pharmacy Students, Takjil, Health Education.

Introduction

The month of Ramadan is a special moment for Muslims around the world. Besides being a time to enhance worship, this holy month also serves as an opportunity to foster social awareness and share with others. In Indonesian society, sharing food for breaking the fast, commonly known as *takjil*, has become a deeply rooted cultural tradition passed down through generations. This activity is not just an act of generosity but also a symbol of togetherness and social solidarity.

As a health-based educational institution, the Yannas Husada Pharmacy

Academy in Bangkalan focuses not only on academic development but also on instilling social values in its students. One of the concrete manifestations of this commitment is the community service program of free *takjil* distribution during Ramadan. This initiative involves students in various stages, from planning, fundraising, and preparing the *takjil* to distributing it to those in need, such as informal workers, road users, and residents around the campus.

Beyond simply sharing food, this activity is also integrated with health education on the importance of maintaining a healthy diet during fasting. This added value aligns with the students' background as future healthcare professionals. Thus, the initiative not only benefits the recipients of the *takjil* but also enriches students' experiences by allowing them to apply their academic knowledge in real-life situations.

Through this community service article, we will explore how the *takjil* distribution by students of the Yannas Husada Pharmacy Academy serves as a tangible form of community service. Additionally, this article will discuss the positive impacts generated, both for the students and the beneficiaries, as well as the crucial role of educational institutions in fostering a sense of social responsibility among young academics.

Methods

The *takjil* distribution activity carried out by students of the Yannas Husada Pharmacy Academy in Bangkalan took place on February 20, 2025, in the Senenan area, Bangkalan. This event involved 20 students who actively participated in the entire process, from preparation to the distribution of *takjil* to the community. A total of 170 *takjil* packages were prepared and distributed to road users, informal workers, and local residents observing the fast.

Preparation for the event began several days in advance with a fundraising initiative led by the students. The collected funds were used to purchase ingredients for the *takjil*, which were then processed and hygienically packaged. Each *takjil* package contained nutritious snacks and beverages to help the community break their fast in a healthy way.

On the day of the event, students gathered at the location in the afternoon for coordination and task distribution. Some students were responsible for transporting and arranging the *takjil* at distribution points, while others were assigned to directly

hand out the *takjil* to the community. Wearing campus attributes, the students enthusiastically greeted and distributed *takjil* to passing road users and local residents.

The enthusiasm of the community was evident from their positive responses to this initiative. Many beneficiaries expressed their gratitude and hoped that similar activities would continue in the future. The students also felt a deep sense of fulfillment as they were able to share and interact directly with the community while applying social awareness values in real life.

Through this well-structured implementation method, the *takjil* distribution activity by students of the Yannas Husada Pharmacy Academy in Bangkalan was successfully conducted. This initiative not only served as a form of community service but also reinforced the values of solidarity, teamwork, and social responsibility among the students.

Result

Ramadan is a special month for Muslims worldwide. In addition to being a time for increased worship, Ramadan serves as a moment to strengthen social and humanitarian values. During this month, Muslims are encouraged to engage in acts of kindness, such as giving charity, helping others, and spreading goodwill. In this context, the distribution of *takjil* (pre-dawn meal) represents a tangible expression of the spirit of sharing encouraged in Islam. Through this act of giving, individuals not only provide food for breaking the fast but also convey messages of compassion and solidarity with fellow human beings.

Takjil is not merely food for breaking the fast; it holds profound social and cultural significance in Muslim communities, particularly in Indonesia. The tradition of sharing *takjil* has been passed down through generations as a symbol of care for others, especially for those who are traveling or unable to prepare their own meals for iftar. Moreover, *takjil* serves as a medium for strengthening social bonds between individuals and communities, fostering a harmonious and inclusive atmosphere during this blessed month.

The *takjil* distribution program organized by students of the Yannas Husada Pharmacy Academy in Bangkalan has had a significant positive impact on society, particularly for those who benefit from the initiative. Some of these impacts include:

1. Easing the Burden on the Community – The *takjil* provided serves as a meaningful aid for those who may struggle to obtain food for breaking their

fast, such as informal workers, street vendors, and underprivileged individuals.

2. Strengthening Social Solidarity – This initiative fosters the importance of sharing and strengthens bonds among community members.
3. Facilitating Road Users – For people still on the road when it is time to break their fast, the distribution of *takjil* allows them to quickly replenish their energy without having to search for food elsewhere.

Through this initiative, beneficiaries not only gain material assistance but also experience an emotional uplift as they feel cared for by others.

For the students involved, the experience of distributing *takjil* has had a significant impact on various aspects of their lives, including academic, social, and personal character development. Some of the benefits they gain include:

1. Instilling Social Awareness – Direct interactions with the community help students better understand social conditions and develop empathy for those in need.
2. Enhancing Organizational and Teamwork Skills – This initiative teaches students how to manage social programs, from planning and fundraising to field implementation, all of which require strong coordination and teamwork.
3. Applying Theoretical Knowledge in Real Life – As pharmacy students, they can provide basic health education to the community about maintaining a healthy diet during fasting, adding an educational component to the social initiative.
4. Raising Awareness of Health and Social Issues – Students involved in this activity become more conscious of the vital role healthcare professionals play in benefiting society, not only through their expertise but also through hands-on community engagement.

As a pharmacy-based educational institution, the Yannas Husada Pharmacy Academy in Bangkalan plays an essential role in instilling social responsibility values in its students. Community service initiatives, such as the *takjil* distribution program, are an implementation of the Tri Dharma of Higher Education, which includes teaching, research, and community service. The role of educational institutions in this regard can be seen in the following ways:

1. Providing Facilities and Support – Institutions can offer guidance,

resources, and mentorship to students to ensure the successful execution of social programs.

2. Integrating Social Activities into the Curriculum – Social responsibility can be further nurtured by incorporating practical initiatives like this into coursework, such as through community service programs or fieldwork experiences.
3. Encouraging Collaborations with External Partners – Institutions can foster partnerships with local governments, social organizations, or pharmaceutical industries to expand the reach and impact of student-led social activities.

Fostering a sense of social responsibility among students is a strategic step in creating a generation that excels academically while also possessing a high level of social awareness. This can be achieved through various means, such as:

1. Leading by Example on Campus – Lecturers and educators can serve as role models by actively participating in social activities.
2. Encouraging Socially-Oriented Campus Activities – Universities can support student organizations in organizing both small- and large-scale social initiatives.
3. Cultivating a Habit of Sharing – Providing students with direct experiences in social actions, such as *takjil* distribution, helps foster a lifelong habit of caring for and engaging in similar activities in the future.

The *takjil* distribution program by students of the Yannas Husada Pharmacy Academy in Bangkalan is not just a social act but also a profound form of character education. Through this initiative, students are expected to continuously develop a sense of care for others and understand their role as agents of change in society. Moving forward, similar programs can be expanded to include more comprehensive health education components, such as awareness campaigns on healthy living during Ramadan or guidance on safe medication use while fasting.

Additionally, sustaining this initiative as an annual program—not just during Ramadan but also for other social occasions—would be beneficial. This way, students can continue to cultivate a balance between intellectual excellence and social responsibility, ultimately contributing positively to society.



Figure 1. The Process of *Takjil* Distribution.



Figure 2. Public Enthusiasm During The *Takjil* Distribution Event.



Figure 3. The joy of The Community Receiving *Takjil* and The Happiness of Students in Distributing *Takjil* as a Form of Social Solidarity.

Conclusion

The *takjil* distribution event carried out by students of the Yannas Husada Pharmacy Academy in Bangkalan in the Senenan area on February 20, 2025, represents a meaningful form of community service with widespread impact, benefiting both the recipients and the students involved. This initiative goes beyond material aid, instilling essential values such as social responsibility, teamwork, and empathy. With the continued support of educational institutions, similar programs are expected to grow and become an integral part of student character development in the future.

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